

Cowden Support Workshop

Copenhagen
4. October 2015

Sponsor: Nutramedix

Cowden Support Workshop Program

Copenhagen, Denmark

4. October 2015 13.00 -17.00

Workshop Scheduel

12.30 – 13.00 Check-In

13.00 - 13.05 Wellcome

13.05 – 14.00 Villy Lade, M D Kryptopyrrole and Lyme Disease

14.00 – 15.00 Marjo Valonen, M D Case Studies & Case Reports

15.00 – 15.30 Break

15.30 – 16.30 Lee Cowden, M D, M D (H) Multi-Symptom, Multi-
Microbial Infalammation and Natural Treatments

16.30 – 17.00 Questions and Answers

Lyme Disease and Kryptopyrroluria

- 80% of Chronic Lyme Disease suffers has kryptopyrroluria - KPU too.
- Many with Chronic Lyme Disease has several other Chronic Infections and Conditions too.
- In new paradima we call this conditions
- Multiple Systemic Infectious Disease Syndrome. - MSIDS

How to treat MSIDS

- Family history of chronic diseases
- Own history of infectious diseases.
- Environment: House new/old, mold, farm, pets
- Travelling in Lyme endemic areas
- Allergies, food intolerances
- Reactions after vaccinations
- Dental status: infektions, root canals, mercury fillings, implants

Examination

- I use a Zyto Elite[®] tool. Se: www.zyto.com
- There are several Biosurveys so I at once can have an overview over my clients status for:
- Organs conditions
- Food intolerances
- Borrelia and co-infections
- Parasites
- Dental issues
- Electromagnetic sensitivity

Treatment Planning

- The Zyto tool also offers suggestions for treatments.
- In the Cowden Biosurvey:
Microbes (Borrelia & Co/Nutramedixs are tests for 91 different species of microbes and subspecies and they are tested towards 27(?) different Nutramedix products from the Cowden Lyme Support Protocol.

Treatment plan

- My treatment plan will be done together with the client according to the examination.
- KPU should be treated first together with dental problems.
- Dental infections and amalgams suppress our immune defence.
- KPU spoil our detox abilities.

What is KPU

- KPU is an inborn variant in the MTHFR gen
- Methylenetetrahydrofolate reductase, who in the liver works with methylation processes to bind toxins and destroy molekules to glutathion before excretion with the bile.
- Hem from hemoglobin from broken erythrocytes are one of the components who are compromised

KPU symptoms

- Are like the symptoms for chronic Lyme Disease.
- Fatigue, Muscel/Joint pain, Headache, Cognitive difficulties, Stomach ache, Constipation, Diarrhoea, Allergic reactions, Asthma, Bronchitis, Sinusitis

KPU And Foods

- Foods Malvin: the group of diglycosides with fructose disturb the glutathion – toxin binding proces in liver. Leading to a toxin burden in the body.
- Toxin overload disturb brain and nervous system, intestins, muscles, joins and endocrin organs.

Food intolerances

- The Zyto tool has a Biosurvey for Food Scan who tests for more than 250 foods.
- If there are food intolerances they will be discovered.
- Most common are, milk – lactose, casein
gluten – wheat, rye, barley, oat, millet
- FD&C yellow, blue, green ...
- Malvin products

Malvin products

- Are diglycosides containing fructose
- Vegetables; avocado, pray, carrots, peas, eggplant, cabbage, corn, olives, onions, potatoes, radishes, tomatoes
- Nuts: Cashew and walnut
- Spices: paprika, mustard, cinnamon
- Fruit: apples, figs, watermelon, rhubarb, strawberry, pear, peach, plum, grape, apricot, banana, blackberry, blueberry, cherry, cranberry, black currant – crab.
- All contain cow's milk proteins, yogurt, cheese, milk
- Honey and sugar cane / beet sugar

Immunoglobulins

- They help the body to fight infections and allergens.
- Borrelia Burgdorferii IgM and IgG Elisa tests are the only ones used in Denmark.
- In the Zyto Advanced scan Biosurvey I can see if there are a KPU condition.
- Kryptopyrrole, B 6 vitamin and Malvin may be shown.

KPU tests

- Gene test ex. Genalysis[®]
- KPU urin test ex. www.keac.nl
- In severe cases with POTS, Urticaria and anafylactic reactions there may be histamin intolerance or salicylate sensitivity.
- Histamin intolerance can be tested in a blood from www.keac.nl

MSIDS and KPU

- 80 – 85 % of MSIDS suffers has KPU
- 80 % of Chronic Lyme Disease clients has KPU
- KPU is very often with CFS, ALS, Alzheimer, Fibromyalgia, DS, Parkinson, Mb. Chron, IBS, Autism, ADHD and Mental disorders.
- Children with chronic stomach pains has KPU should be tested as well and given diets.

KPU Treatment

- To help the liver phase 1 detox enzyme proces you may add:
- Omega 3 to fight inflammation - morning
- Zinc 20 – 40 mg a day or more - evening
- B 6 vitamin with P-5-P 100 mg – evening
- Magnesium maleate 400 mg x 2
- Manganese 5 mg evening

KPU Treatment

- Before Lyme
- Treat KPU
- Treat Dental issues
- Treat Heavy Metals
- And Molds, Fungus, Candida and parasites

Intolerances and Diets

- HPU – depyrole
- Histamine - DAOzyme
- Milk – lactose free
- Milk –casein free
- Gluten free. Glutenzyme – rescue
- Fructose free. Malvin free

KEAC

- www.keac.nl has capsules containing different loads of Zn, Mg, Mn and B6 –P-5-P for children and adults

A Lyme Ironman

Copenhagen

23. August 2015

